



The Guvati J. Kapoor Medical Relief Charitable Foundation supports programs in education, healthcare and social services with the intent to improve and sustain the standard of living and quality of life of all people with a focus on women and children.

Guidance Provided

1605

Beneficiaries

1889



Maatrutva Program

The Program educates pregnant women from underserved communities about health care during pregnancy thereby encouraging them to inculcate health seeking behaviour in them for safe deliveries



113 Pregnant women from under-served communities were registered this month to provide telephonic informative sessions



390 Sessions were conducted with registered women informing them about pre-natal care



26% Women registered were in their first Trimester



995 Follow-Up calls were made because of which **442** ANC visits were made possible

Outcome Assessment

We follow up with our beneficiaries on regular intervals to understand the outcome of services



99% Women have given colostrum to their new born baby



86% of the new born babies have been at or over 2.5 kgs which is considered to be healthy in infants



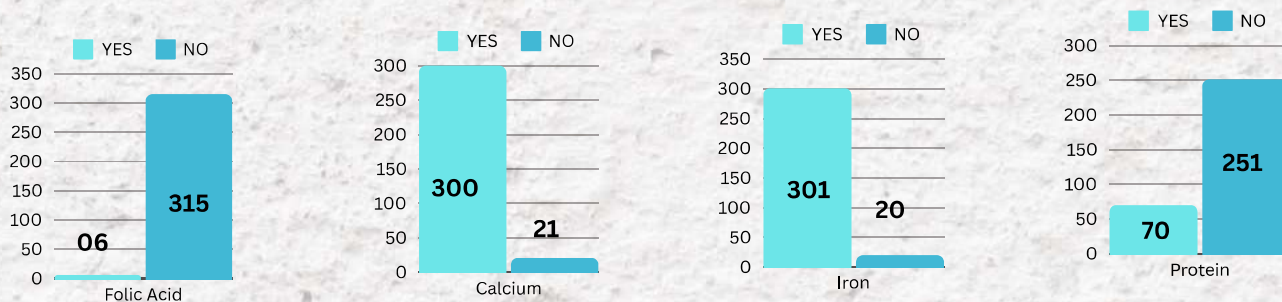
99% Women have been feeding their new born in every 2 hours



1% Women in the community have started using contraceptives post delivery

Assessment of Supplements Received from the Government

Follow up with registered pregnant women about the status of supplements received during the course of their pregnancy. The below data is out of **321** calls made this month

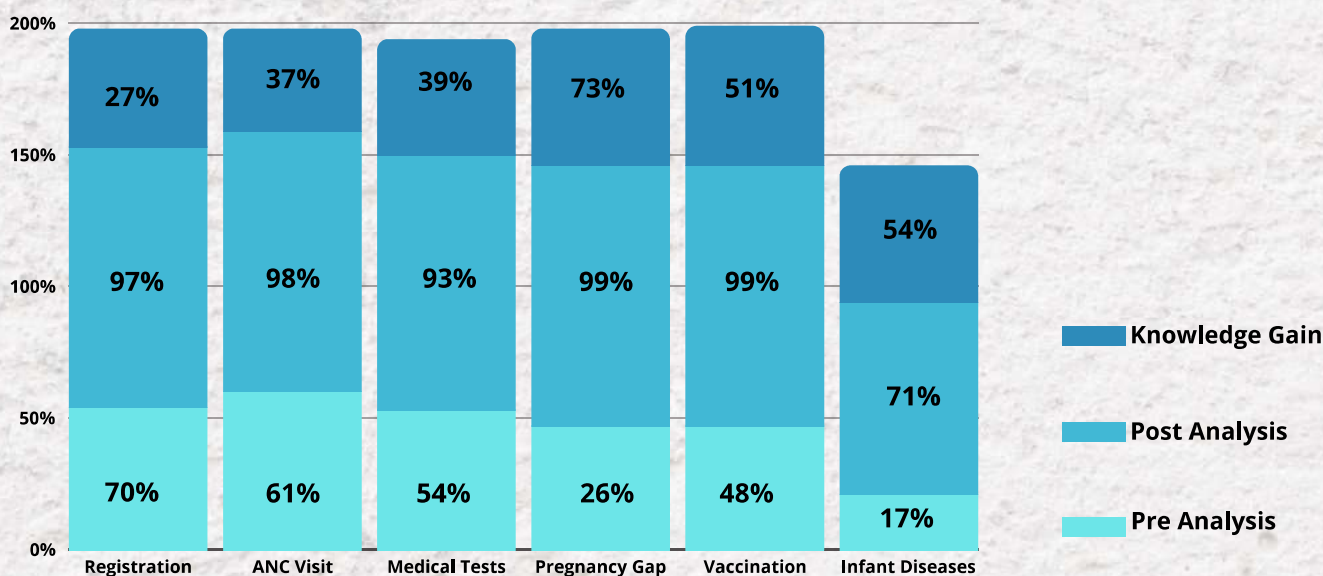


HB Level Analysis of women

Follow up with registered women to understand the iron deficiency status amongst **321** women

Control Group (Hb>10.1 gm/100 ml)	Mild Anemia (HB=8.1-10 gm/100 ml)	Moderate Anemia (HB=6.5-8 gm/100 ml)	Severe Anemia (Hb<6.5 gm/100 ml)
29%	30%	2%	-

Knowledge Assessment





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Cancer Prevention and Early Detection Program

The program aims to spread cancer awareness and educate women from underserved areas about the importance of early detection of most common cancers in women like breast cancer, cervical cancer and oral cancer



Camp Conducted

5



Total Registration

517



Follow up

49





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Nutrition/Ration Distribution

On the occasion of 'International Women's Day' with an intention to prioritize their health, 100 nutrition kits were distributed to pregnant women from the underserved areas



35 cancer patients were provided with ration kits this month





Patient Guidance Program

The Program helps cancer patients access the resources they need while undergoing treatment with the aim of increasing survivorship by decreasing treatment abandonment rates



1215 Cancer patients were guided for various essential services



24 Patients and caregivers were provided with an extended accommodation facility at Dr. Ernest Borges Memorial Home, Bandra

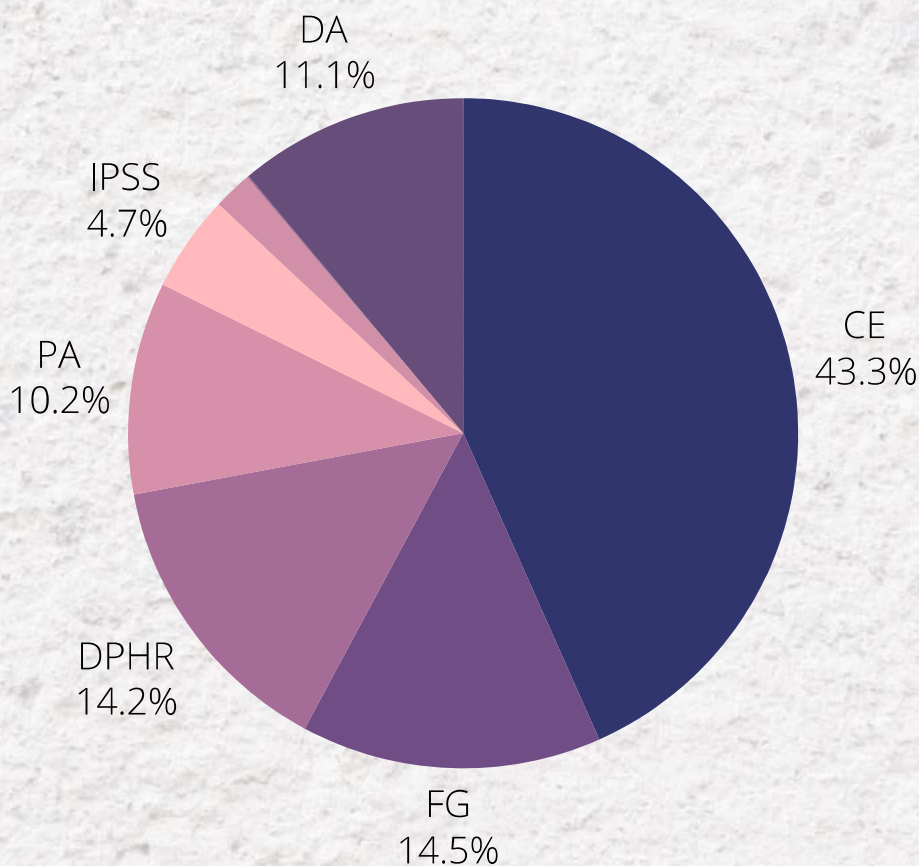


13213 Services were provided to patients in need



510 Voluntary Donations were made possible by making **622** calls

Total Services



Expert Session

01

Session

Speaker: Ms. Prachi Acharekar

44

Participants

Key commonalities and lifestyle strategies
to manage colorectal cancer

Topic

Events

GJK in collaboration with Women's Cancer Initiative and Sanjeevani Life Beyond cancer organized International Women's Day event to bring fun and cheer in the life of patients. 167 Breast and Gynaecology cancer patients participated in the celebration



On the occasion of 'International Social Work Day', Nirjari Dalal represented the Foundation as a panelist in a special event arranged by the Tata Memorial Hospital

The Foundation participated in the Lymphoma Day event organised at the Tata Memorial Hospital. Total participation of the patients and caregivers was 150



Story of Ratish Das

“Mr. Ratish Das, a humble man with a passion for books, owned a small bookshop on rent that he ran with unwavering dedication. The cozy space, filled to the brim with books of all genres, was a haven for those seeking literary escape. Mr. Das was not alone in his endeavor. His loving wife and young son often lent a helping hand in the shop, creating a warm and welcoming atmosphere for all who crossed its threshold. The family's bond was strong, and their days were spent in harmony, surrounded by the comforting presence of books.



However, amidst the joy of running his beloved shop, Mr. Das was silently battling a hidden enemy. For three long years, he had been plagued by severe stomach pains that would often leave him pale and weary. Countless visits to doctors yielded little results, with most attributing his symptoms to a common gastric issue. Despite finding temporary relief in medication, the pain would always return, casting a shadow over the otherwise happy family. It wasn't until one fateful day in July 2023, during a visit to Chennai for further tests, that the true nature of Mr. Das's ailment was revealed - gastric cancer.

The diagnosis hit the family like a thunderbolt, sending shockwaves of fear and uncertainty through their once peaceful life. Determined to fight this battle together, they made the difficult decision to seek treatment closer to home in Tripura, hoping to lessen the financial strain on their already burdened shoulders. As days turned into months, Mr. Das's condition deteriorated rapidly, his body weakening under the weight of the relentless disease. With jaundice setting in and the hospital in Tripura unable to provide the specialized care he needed, the family made the heart-wrenching choice to travel to Mumbai for treatment at the renowned Tata Memorial Hospital.

Arriving in the bustling city, the family found themselves in unfamiliar surroundings, grappling with the exorbitant costs of accommodation and medical care. Each passing day brought new challenges and increased financial strain, pushing them to the brink of despair. His wife in worried said, "We were exhausting towards our money for renting and the tests. I am clueless how to survive further?"

Just when they thought they had reached their breaking point, a ray of hope shone through the darkness. The GJK Foundation, a beacon of light in their darkest hour, extended a helping hand in their time of need. Providing much-needed support with accommodation at Dr. Ernest Borges Home and financial assistance, the foundation lifted a heavy burden off the family's shoulders.

With renewed faith and strength, Mr. Das began his treatment at Tata Hospital, surrounded by the unwavering support of his family and the kindness of GJK Foundation. Through the combined efforts of the medical staff, the foundation, and their own resilience, the family found a glimmer of hope amidst the storm. Today, as Mr. Das undergoes follow-up treatment and embraces the future with newfound confidence, he stands as a testament to the power of perseverance, love, and the generosity of those who believe in the magic of second chances. In the pages of his story, amidst the trials and tribulations, lies a tale of resilience, compassion, and the enduring spirit of humanity.



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DONATIONS



You may help us to reach more number of patients and women in need from the underserved areas



Donation of **79,18,294** rupees has been received till date which helped **7,139** cancer patients and caregivers with accommodation during the course of their treatment



Donation of **22,40,979** rupees has been received till date for helping **437** on treatment cancer patients as emergency funding



Donation worth **12,20,765** rupees has been received till date which helped us distribute **2,083** ration and nutrition kits to cancer patients and pregnant women from underserved areas



**You may donate to us by
using the QR code**

All donations made through cheque/NEFT/RTGS/UPI are eligible for 50% tax rebate under section 80G of Income Tax Act and receive 10BE certificate, subject to realisation and receipt of all donor details (Name, PAN card, Contact details and Address) necessary to claim the rebate